

Chore Chart For Teens

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& Blank
Templates

TEEN CHORE CHART

Daily Habits

Choose 3-5 tasks each day

Monday	Tuesday	Wednesday
<input type="checkbox"/> Take out the trash and recycling <input type="checkbox"/> Make the bed <input type="checkbox"/> Put away clothes <input type="checkbox"/> Vacuum the floor	<input type="checkbox"/> Help with meal preparation <input type="checkbox"/> Wipe down kitchen countertops <input type="checkbox"/> Empty and load the dishwasher <input type="checkbox"/> Clean out backpack	<input type="checkbox"/> Do a load of laundry (wash, dry, and fold) <input type="checkbox"/> Water indoor plants <input type="checkbox"/> Dust surfaces in 2 rooms <input type="checkbox"/> Tidy up desk
Thursday	Friday	Weekend
<input type="checkbox"/> Tidy up living room <input type="checkbox"/> Help with grocery shopping and putting away groceries <input type="checkbox"/> Water outdoor plants <input type="checkbox"/> Prepare school lunch	<input type="checkbox"/> Sweep or mop kitchen <input type="checkbox"/> Declutter a specific area <input type="checkbox"/> Clean out fridge <input type="checkbox"/> Organize digital files	<input type="checkbox"/> Clean the bathroom <input type="checkbox"/> Wash the family car <input type="checkbox"/> Sort and donate clothes no longer needed <input type="checkbox"/> Organize the garage

Act of Kindness	MON	TUE	WED	THU	FRI	SAT	SUN
Make breakfast for family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Help siblings with homework	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Offer to walk or take care of a family pet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Organize a movie night at home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Leave notes for family members to find	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Offer to babysit a younger sibling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Choose 1-2 tasks a month

<input type="checkbox"/> Read a book or article and write a brief summary or review	<input type="checkbox"/>
<input type="checkbox"/> Volunteer for a community service project or help a neighbor in need	<input type="checkbox"/>
<input type="checkbox"/> Work towards personal goals, such as learning a new skill	<input type="checkbox"/>

TEEN CHORE CHART

Daily Habits

Write down 3-5 tasks each day

Monday	Tuesday	Wednesday
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Thursday	Friday	Weekend
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Act of Kindness	MON	TUE	WED	THU	FRI	SAT	SUN
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Write down ideas and choose 1-2 tasks a month

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Minimalist
Design



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