

# Chore Chart For Teens

Printable + Editable PDF

Pre-filled  
& Blank  
Templates

## TEEN CHORE CHART

Daily Habits

Choose ☐ to do each day

Monday	Tuesday	Wednesday
<input type="checkbox"/> Take out the trash and recycling <input type="checkbox"/> Make the bed <input type="checkbox"/> Put away clothes <input type="checkbox"/> Vacuum the floor	<input type="checkbox"/> Help with meal preparation <input type="checkbox"/> Wipe down kitchen countertops <input type="checkbox"/> Empty and load the dishwasher <input type="checkbox"/> Clean out backpack	<input type="checkbox"/> Do a load of laundry (wash, dry, and fold) <input type="checkbox"/> Water indoor plants <input type="checkbox"/> Dust surfaces in 2 rooms <input type="checkbox"/> Tidy up desk
Thursday	Friday	Weekend
<input type="checkbox"/> Tidy up living room <input type="checkbox"/> Help with grocery shopping and putting away groceries <input type="checkbox"/> Water outdoor plants <input type="checkbox"/> Prepare school lunch	<input type="checkbox"/> Shower or wash kitchen <input type="checkbox"/> Declutter a specific area <input type="checkbox"/> Clean out fridge <input type="checkbox"/> Organize digital files	<input type="checkbox"/> Clean the bathroom <input type="checkbox"/> Wash the family car <input type="checkbox"/> Sort and donate clothes no longer needed <input type="checkbox"/> Organize the garage
<b>Act of Kindness</b>		
MON TUE WED THU FRI SAT SUN		
<input type="checkbox"/> Make breakfast for family		
<input type="checkbox"/> Help siblings with homework		
<input type="checkbox"/> Offer to walk or take care of a family pet		
<input type="checkbox"/> Organize a movie night at home		
<input type="checkbox"/> Leave notes for family members to find		
<input type="checkbox"/> Offer to babysit a younger sibling		
<b>Choose <input type="checkbox"/> task a month</b>		
<input type="checkbox"/> Read a book or article and write a brief summary or review		
<input type="checkbox"/> Volunteer for a community service project or help a neighbor in need		
<input type="checkbox"/> Set personal goals, such as learning a new skill		

## TEEN CHORE CHART

Daily Habits

Write down ☐ to do each day

Monday	Tuesday	Wednesday
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Thursday	Friday	Weekend
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Act of Kindness</b>		
MON TUE WED THU FRI SAT SUN		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<b>Write down ideas and choose <input type="checkbox"/> task a month</b>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		

Minimalist  
Design



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