

# Chore Chart For Teens

Printable + Editable PDF

**Teen Chore Chart**  
Daily Habits

**Pre-filled & Blank Templates**

**EN CHORE CHART**  
Habits

**Monday** **Tuesday** **Wednesday**

- Take out the trash and recycling
- Make the bed
- Put away clothes
- Vacuum the floor
- Help with meal preparation
- Sort clothes for donation
- Empty and wash the dishwasher
- Organize backpack
- Wash laundry
- Wash, dry, and fold laundry
- Sort surfaces in 2 rooms
- Tidy up desk

**Thursday** **Friday** **Weekend**

- Help with grocery shopping and putting away groceries
- Wash and fold laundry
- Prepare school lunch
- Organize school files
- Wipe down bathroom
- Wash the family car
- Declutter a specific area
- Clean outridge
- Organize digital files
- Organize the garage

**Act of Kindness**

Help someone for family

Help someone with homework

Offer to walk or take care of a family pet

Organize a movie night at home

Leave notes for family members to find

Offer to babysit a younger sibling

**Chores Log** **Task Log**

Read a book or article and write a brief summary or review

Volunteer for a community service project or help a neighbor in need

Work towards personal goals, such as learning a new skill

**EN CHORE CHART**  
Habits

**Monday** **Tuesday** **Wednesday**

**Thursday** **Friday** **Weekend**

**Act of Kindness**

**Minimalist Design**

**Write down ideas and choose oggi task a phone**

Instant Download | A4, A5 & US Letter